

PC 155

INTRODUCTION TO CHEMICAL DEPENDENCY COUNSELING

Master of Arts in Counseling Ministries

Fall Semester 2007

Wednesday 8:30 - 11:20 a.m.

Dickhaut Library, Classroom L-8

INSTRUCTOR: Vergel L. Lattimore, Ph.D.

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Fall Quarter Office Hours: Mondays 10:00 - 12:00 noon; Tuesdays 1:00 - 3:00 p.m.;
Wednesdays 1:00 - 3:00 p.m.; Thursdays 9:00 - 10:00 a.m. and by appointment

REQUIRED TEXTS:

Doweiko, Harold E. 2006. Concepts of Chemical Dependency, 6th Edition.
Belmont, CA: Thomson/Brooks/Cole. ISBN: 9780534632647.

Van Wormer, Katherine and Davis, Diane R. 2007. Addiction Treatment: A Strengths
Perspective. Thomson/Brooks/Cole. ISBN: 139780495090823

SUPPLEMENTARY:

White, William. A. 1996. Pathways – From a Culture of Addiction to a Culture of
Recovery: A Travel Guide for Addiction Professionals. Center City, MN:
Hazelden. ISBN: 9781568381237

COURSE DESCRIPTION:

This course will focus on alcohol and other drug dependency (AODD) as a framework for understanding other addictive behaviors and processes. As an orientation to the field of AODD, this course will introduce participants to a variety of approaches that address addiction prevention, intervention, and treatment. Individual research and group assignments will provide opportunities for students to articulate and integrate personal life experience, faith journey, and theological issues. The course will emphasize competencies to address addictions from a multidisciplinary perspective.

COURSE OBJECTIVES:

By the end of the course students will be able to:

- Develop an interdisciplinary and multicultural approach to addiction study and practice;

- Explain the relationship between addiction, faith, religion, and spirituality;
- Articulate a theological foundation for addiction study and ministry;
- Assess addiction and recovery as a cultural phenomenon, which promotes radical abstinence and avoids the use of mind-altering chemicals;
- Evaluate twelve-step, self-help models as resources for recovery ministry;
- Demonstrate basic knowledge of the biological, social, psychological, and cultural dimensions of addiction; and
- Recognize some of the key elements in a strengths perspectives in addictions treatment.

TEACHING METHODOLOGY:

The format for conducting class will vary. In general, each class will provide an opportunity for a brief review of material presented in the previous class. When possible, the first half of each session will be devoted to the introduction of new material. This process will be followed by group discussion and presentations and will involve the application of theoretical concepts to addiction ministry practices.

In addition, students will:

- Engage in participant-observation of a recovery ministry program or activity.
- View and evaluate videotape training material.
- Complete at least five study guide mini-exams.
- Provide written feedback to a peer on their addiction integration paper.

COURSE REQUIREMENTS:

Regular class attendance is essential. In case of illness or emergency, students are expected to notify the instructor prior to the missed class session. *A student who misses a class is responsible for asking a classmate about notes, class activities, and syllabus changes.* Students are provided two absences for personal and/or emergency reasons. A five (5)-point grade deduction will be made for each class missed beyond two sessions.

Class participation is expected. Students also learn from each other. Students are expected to participate actively in class discussions, small group work, and experiential exercises. Students should be ready to learn, to ask questions, and to explain what they do not understand. Class participation is defined as active involvement in class discussions, including constructive comments, criticisms, and questions.

Class participation counts for 5% of the students' grade.

1. **Abstract of Reading.** Students will prepare a thoughtful abstract of one (1) assigned or optional book chapter, article, or reading. An ungraded version of the Abstract will be placed in the course e-file for general review by the class. A sample and an abstract format will be provided.

LENGTH: Abstracts should not exceed two (2) pages, typed single-spaced.

DUE: By September 12th.

2. **Participant-Observation Project.** Students will observe an addiction activity, i.e., any prevention intervention, evaluation and treatment, or rehabilitation or supportive living program that identifies itself as a ministry, as faith-oriented, or as spiritually grounded. Following the observation, the student will prepare a paper highlighting core processes and key dynamics. The student should also comment on how this activity clarified her/his self-understanding and vision as a caregiving professional.

LENGTH: Project should be three to four (3-4) pages typed double-spaced.

DUE: October 3rd.

3. **Comparative Critique.** Students will compare and contrast any chapter from Mercadante's *Victims and Sinners* or White's *Pathways* or Kasl's *Many Roads, One Journey* with any other journal article or book chapter addressing the theological, religious, spiritual, or pastoral care/counseling dimension of addiction and recovery. The discussion might include: highlighting central themes; critically analyzing how problems are conceptualized; exploring differences in strategic approaches to treatment; and/or discussing implications for society.

LENGTH: Critiques should be three to four (3-4) pages typed double-spaced.

DUE: October 17th.

OR

3. **Mid-term Quiz.** Students will complete a 20-question, multiple-choice quiz covering Chapters 1 through 4 of *Addiction Treatment*.

LENGTH: 20-question, multiple-choice quiz

DATE: October 17th.

4. **Self-Help Movement Research Project.** Students will research and evaluate any self-help or twelve-step recovery program, model, system, or movement *other than Alcoholics Anonymous (AA)*. This analysis should discuss the program's historical development; explore some of its sources (theological, sociological, psychological, cultural, or political); and critically evaluate the program's impact as a ministry and/or therapeutic resource in our society.

LENGTH: Projects should be four to six (4-6) pages typed double-spaced, APA format. This could also be a small group (2-3 people) oral presentation (30 minutes) with a one-page "highlight/summary" page for the class distribution.

DUE: November 7th.

5. **Integrative Reflection Paper.** Students will write a paper discussing her/his personal evolution (ideology, attitude, and action) in relationship to addictive substances

or processes. This paper should incorporate some of the theoretical insights and discussions from the course. In short, in what ways has this course affected the ways you think, feel, and act in relationship to addictive substances or addictive processes?

LENGTH: Papers should be five to seven (5-7) pages typed double-spaced.

DUE: By November 28th.

Evaluation and Grading

Class Participation	5 points
Abstract	15 points
Participant observation	15 points
Critique or Mid-term Quiz	20 points
Self-help research paper	20 points
Integrative reflection paper	25 points

The following criteria will be used in evaluating the integrative reflection paper: completeness and inclusion of relevant data; use and application of theory presented in class and readings; clarity of presentation and writing style; and depth, comprehension, and organization.

A =93-100	A- =90-92	
B+=87-89	B =83-86	B- =80-82
C+=77-79	C =73-76	C- =70-72
D+=66-69	D =63-66	D- =60-62

TOPICS AND READINGS

NOTE: Starred (*) readings are highly recommended; others are optional and supplementary. (R) – means that the item is on the Reserve Shelf.

Date	Session	Assignment
08/29	1	<p>A. <u>Course Introduction</u>: Overview, expectations, requirements, tasks, and familiarity with issues.</p> <p>B. <u>Etiology: Functions, and Meanings</u></p> <p>VIDEO CLIP: “28 Days” (36 minutes)</p> <p>*Doweiko, Harold, In <u>Concepts of Chemical Dependency</u>, 6th Edition, Chaps 1 and 2.</p>

<u>Date</u>	<u>Session</u>	<u>Assignment</u>
08/29	1	Continued... *White, William, "The Cultural Aspects of Addiction." In <u>Pathways: From a Culture of Addiction to a Culture of Recovery</u> , 1996, Ch. 1 Kasl, Charlotte D., "Naming the Controversy: Different People, Different Needs". In <u>Many Roads, One Journey: Moving Beyond the 12 Steps</u> , 1992, pp. 3-20. (R)
09/05	2	A. <u><i>The Nature of Addiction</i></u> VIDEO: "Drug Abuse & the Brain (26 Minutes) *Doweiko, In <u>Concepts</u> , Chaps. 3, 4, and 5. *Wormer and Davis, "The Nature of Addiction", In <u>Addiction Treatment</u> , 2 nd Edition, Ch. 1. *White, "The Organization of the Culture of Addiction", Ch. 2; "The Psychosocial and Technical Functions of the Culture of Addiction" Ch. 3, In <u>Pathways</u> , Kasl, Charlotte D., "Is Addiction Inevitable? Patriarchy, Hierarchy, and Capitalism". In <u>Many Roads</u> , pp. 53-88. (R) B. <u><i>The Nature of Addiction and Risk Factors</i></u> VIDEO: "The Peyote Road" (60 Minutes)
09/12	3	A. <u><i>Pharmacology</i></u> NOTE: Abstract Due! VIDEO: "Alcohol and Cocaine: The Secret of Addiction" (36 minutes) *Doweiko, In <u>Concepts</u> , Chap. 6. *Wormer and Davis, "Historical Perspectives", In <u>Addiction Treatment</u> , Ch. 2

<u>Date</u>	<u>Session</u>	<u>Assignment</u>
		<p><i>B. <u>Alcohol Abuse and Addiction</u></i></p> <p>*Doweiko, In <u>Concepts</u>, Chaps 7 & 8.</p>
09/19	4	<p><i>A. <u>Abuse and Addiction: Barbiturates and Benzodiazepines</u></i></p> <p>*Doweiko, In <u>Concepts</u>, Chaps. 9 and 10.</p> <p>*Wormer and Davis, “Strengths-Based Helping Strategies,” Ch. 3, In <u>Addiction Treatment</u>, Ch. 3</p> <p><i>B. <u>Abuse and Addiction: Amphetamines and CNS Stimulants</u></i></p> <p>*Doweiko, In <u>Concepts</u>, Chap. 11</p> <p>VIDEO: “Drug Wars: Crank County” (23 Minutes)</p>
09/26	5	<p><i>A. <u>Abuse and Addiction: Cocaine and Marijuana</u></i></p> <p>*Doweiko, In <u>Concepts</u>, Chaps. 12 and 13.</p> <p>*Wormer and Davis, “Substance Misuse, Dependence, and the Body”, Ch. 4, In <u>Addiction Treatment</u>.</p> <p>White, W., “Career Milestones in the Culture of Addiction”, Ch. 7. In <u>Pathways</u></p> <p>VIDEO: “Breaking the Addiction Cycle” (Louise Monk, CCDN, 55 minutes)</p> <p>Kasl, C.D., “Defining Addiction: Patterns of Chemical & Psychological Addictions”, pp. 91-109 and “The Many Faces of Alcoholism: Use, Abuse, and Addiction”, pp. 110-136. In <u>Many Roads</u>.(R)</p> <p><i>B. <u>Abuse and Addiction: Opiate and Hallucinogen</u></i></p> <p>*Doweiko, In <u>Concepts</u>, Chaps. 14 and 15.</p>

<u>Date</u>	<u>Session</u>	<u>Assignment</u>
10/03	6	<p>A. <u>Abuse and Addiction: Inhalants, Aerosols, and Steroids</u></p> <p>NOTE: Observation Due!</p> <p>*Doweiko, In <u>Concepts</u>, Chaps.16 and 17.</p> <p>*Wormer and Davis, “Interventions Related to Biology,” Ch. 5, In <u>Addiction Treatment</u>.</p> <p>B. <u>Abuse and Addiction: Analgesics and Nicotine</u></p> <p>*Doweiko, In <u>Concepts</u>, Chaps. 18 and 19.</p>
10/10	NO CLASS – MID TERM RECESS	
10/17	7	<p>A. <u>Pregnancy and Drug Abuse</u></p> <p>NOTE: Critique Due or Mid-term Quiz</p> <p>*Doweiko, In <u>Concepts</u>, Ch. 20.</p> <p>*Wormer and Davis, “Addiction Across the Life Span,” Ch. 6, In <u>Addiction Treatment</u>.</p> <p>VIDEO: “Women of Substance” (10 Minutes)</p> <p>B. <u>Hidden Faces of Addiction</u></p> <p>*Doweiko, In <u>Concepts</u>, Ch. 21</p> <p>*Wormer and Davis, “Eating Disorders, Gambling, Shopping, and Other Behavioral Addictions,” Ch. 7, in <u>Addiction Treatment</u>.</p>
10/24	8	<p>A. <u>Chemical Addiction and Mental Illness</u></p> <p>*Doweiko, In <u>Concepts</u>, Ch. 22.</p> <p>*Wormer and Davis, “Substance Misuse with Co-occurring Mental Disorder and Disability”, Ch. 8, In <u>Addiction Treatment</u>.</p>

<u>Date</u>	<u>Session</u>	<u>Assignment</u>
10/24	8	Continued... VIDEO: "Dual Diagnosis" (26 Minutes)
		B. <u>Addiction and Family Impact</u>
		*Doweiko, In <u>Concepts</u> , Chaps. 23, 24 and 25.
		*Wormer and Davis, "Family Risks and Resiliencies," Ch. 9, In <u>Addiction Treatment</u> .
10/31	9	<u>Evaluation and Intervention</u>
		*Doweiko, In <u>Concepts</u> , Chaps. 26 and 27
		*Wormer and Davis, "Racial, Ethnic and Cultural Issues," Ch. 10, In <u>Addiction Treatment</u> .
		VIDEO: "Alcohol, Violence, and Poverty: James Story" (25 Minutes)
		VIDEO: "The Intervention" (25 Minutes)
11/07	10	<u>Treatment, Rehabilitation, and Recovery</u>
		NOTE: Self-Help Research Paper Due!
		*Doweiko, In <u>Concepts</u> , Chaps. 28, 29, 30, and 31.
		*Wormer and Davis, "Gender and Sexual Orientation Differences" Ch. 11, In <u>Addiction Treatment</u> .
		White, In <u>Pathways</u> , Ch. 8
		VIDEO: "Circle of Recovery" (with Bill Moyers, 60 minutes)
11/14	11	A. <u>Self-Help in Addiction Recovery</u>
		*Doweiko, In <u>Concepts</u> , Ch. 34.
		*Wormer and Davis, "Mutual Help Groups: A Strengths Perspective," Ch. 12, In <u>Addiction Treatment</u> .

<u>Date</u>	<u>Session</u>	<u>Assignment</u>
11/14	11	Continued.... Mercadante, L. "From the Alcoholic to the Human Predicament." In <u>Victims</u> , Part 2. (R) Kasl, C.D., "An Introduction to Twelve-Step Programs", pp. 137-162 and "Without a Male God: Other Approaches to Recovery/Discovery, pp. 163-185., "16 Steps...", pp. 332-356. In <u>Many Roads</u> . (R) White, In <u>Pathways</u> , Chs. 9, 12, 13, 14, and 15 Kasl, C.D., "We Gather Together: Finding or Forming a Group that Fits". In <u>Many Roads</u> , pp. 357-371. (R) Butler, Jacqueline P., "Of Kindred Minds: The Ties that Bind". In <u>Cultural Competence for Evaluators</u> , pp. 23-54.
11/21	<i>NO CLASS – THANKSGIVING HOLIDAY</i>	
11/28	12	A. <u><i>Religious and Faith Communities Act</i></u> NOTE: Integrative Reflection Paper Due! *Wormer and Davis, "Public Policy," Ch. 13, In <u>Addiction Treatment</u> . VIDEO: "Communities Take Action" (Robert Woods Johnson Foundation, 30 Minutes) Florida Religious Leaders Interfaith Committee, <u>Drug-Free Communities Guide</u> . Miami Shores, FL, 1991. (R) Svendsen, Roger, Chemical Health: A Planning Guide for Congregations. Center City, MN: Hazelden Educational Materials, 1987. (R)
12/05	13	<u><i>Open Discussion of Self-Help Addiction Research and Other Issues</i></u> <u><i>Final Class - Evaluation</i></u>