METHODIST THEOLOGICAL SCHOOL IN OHIO MASTER OF ARTS IN COUNSELING MINISTRIES

PC 555 ~ INTRODUCTION TO CHEMICAL DEPENDENCY COUNSELING Fall Semester 2014 Wednesday 8:30a – 11:20a

Instructor: Phone Number: Office Hours: E-mail: Office:	Denise Y. Lewis, Ph.D., LPC, NCC 740-362-3137 Wed. 12:00p – 2:00p; Thur. 4:00p – 6:00p Additional hours by appointment dlewis@mtso.edu 2 nd Floor Gault Hall, G235
Required Text:	Doweiko, Harold E. (2012). <u>Concepts of Chemical Dependency</u> , <u>8th Edition</u> . Belmont, CA: Brooks/Cole Cengage Learning. ISBN: 978-0-8400-3390-1.
Recommended Text:	Inaba, Darryl S., & Cohen, William E. (2011). <u>Uppers, Downers,</u> <u>All Arounders, 7th Edition</u> . Medford, OR: CNS Publications, Inc. ISBN: 978-0-926544-30-7

Additional readings as assigned.

Course Description: This course will focus on alcohol and other drug dependency (AODD) as a framework for understanding other addictive behaviors and processes. As an orientation to the field of AODD, this course will introduce participants to a variety of approaches that address addiction prevention, intervention, and treatment. Individual research and group assignments will provide opportunities for students to articulate and integrate personal life experience, faith journey, and theological issues. The course will emphasize competencies to address addictions from a multidisciplinary perspective.

Course Objectives: Based on the course philosophy and goals, students will:

Students will gain knowledge of (based on CACREP Standards, 2009):

Course Content Areas:

- I. General Principles of Substance
 - A. Introduction and History (C.1.)
 - B. Drug Classifications (II.K.7.h.)
 - C. Types of Addiction (C.1.4.)
 - D. Stages and Levels of Drug Use (II.K.3.c., II.K.7.h., C.4.)
- II. Theoretical Foundation
 - A. Theoretical Model (II.K.3.c., II.K.7.h.)
 - B. Assessment (II.K.3.c., II.K.5.b., II.K.7.h., C.1.3.)
 - C. Diagnosis (II.K.3.c., II.K.5.b., II.K.7.h., C.1.3.)
 - D. Progression (II.K.3.c., II.K.7.h., C.4.)
 - E. Prevention (II.K.3.d., C.1.2.9.)

- III. Treatment
 - A. Levels of Treatment and Treatment Modalities (B.3.)
 - B. Treatment Related Issues (C.1.)
 - C. Therapy Approaches and Techniques (C.1.3.)
 - D. Diversity/Multicultural Issues (II.K.2.a.c., II.K.7.f.)
- IV. Legal and Ethical Issues (II.K.&.i.)
- V. Certification and Licensure (II.K.1.e.)

Modes of Instruction: Instruction will be through lecture, experiential activities, discussion, videos, guest speaker presentation, and student presentations.

Please see Student Handbook for sections providing policy details on the following:

ADA—MTSO seeks to remove barriers to inclusion in its learning communities. Students who feel they may need an accommodation based on the impact of a documented disability should contact the instructor privately to discuss their specific needs at the beginning of the semester. Please contact the Director of Student Services to coordinate reasonable accommodations for students with documented disabilities. Any accommodation must be agreed upon prior to the due date of the affected course requirement.

Class attendance—Regular attendance is expected in all classes. During unavoidable absences, students are responsible for missed work. An excessive number of absences may result in grade reduction or course failure, despite successful completion of all assigned work. In most cases, a student will not be allowed credit for a course if he or she is absent for 25% of the class sessions. As it relates to blended courses, students may not be allowed credit if they are absent for 25% of class meetings or if 25% of online course work is not completed. Use of Skype or similar technology is not a substitute for attendance in class.

Electronic Devices—Turn mobile devices off or "vibrate only" during class. Browsing the Internet or engaging in email or social network conversations during class is discouraged. Instructors have the right to impose grading penalties for disruptions due to electronic devices.

Human Subjects Research—Research by MTSO faculty, students, or affiliated personnel that collects non-public information from and/or about living individuals or contemporary organizations/groups for purposes of publication or public presentation (including class assignments) must be approved by the Human Subjects Research Committee. MTSO faculty, students, or affiliated personnel should err on the side of caution and apply for committee approval of any activity that may fit this description.

Inclusive Language—In accordance with MTSO's policy on inclusive language, all students are expected to use gender inclusive or gender neutral language in their writing and in the classroom discussions when referring to human beings.

Incompletes—To receive a course grade of Incomplete, students must submit the petition form from the Registrar with all signatures to the Dean's Office before the last day of regularly scheduled classes. See Student Handbook for intensive term deadlines. Any petition submitted without a due date for outstanding work will be denied. If work is not complete by the due date the Registrar will record the grade of F for the course.

Pass/Fail—The decision to exercise this option must be made before the end of the second week of the course by completing the appropriate form available through the Registrar. To receive a grade of "pass" the student must do at least the equivalent of C minus work in the course.

Plagiarism—Plagiarism is a serious matter of academic, professional, and personal integrity. All students at the master's level are expected to understand the requirement to provide attribution when the work of others is used. Students are also expected to be familiar with and understand the school's policy on Academic Misconduct found in the Student Handbook. If students have questions about attribution, citation, and how to avoid plagiarism they should consult the course instructor, the school's writing instructor, or library staff. When in doubt it is better to provide attribution even if one is uncertain about the proper citation form. Plagiarism is a form of academic misconduct that results in disciplinary actions per the Student Handbook that may range from failing an assignment or course to expulsion.

COURSE REQUIREMENTS:

- 1. <u>"Street Drug" Research Project:</u> Due to the ever changing nature of illegal drugs in our society, it is important that students stay informed of the current trends. For this project, students will research three current street drugs being used. This analysis should include the following information:
 - 1. To what drug classification does the drug belong?
 - 2. Explain how the drug is ingested.
 - 3. Explain how a person builds a tolerance to the drug.
 - 4. Explain how a person becomes addicted/dependent on the drug.
 - 5. How does the body process the drug?
 - 6. What are the short term effects of the drug?
 - 7. What are the long term effects of the drug?
 - 8. What are the street names/slang terms for the drug?
 - 9. What is the cost to obtain the drug?
 - 10. What are the statistics for those currently using the drug?
 - 11. Any other information that you find important regarding your selected drug.

Your research project should contain a minimum of 10 scholarly resources and should be eight to ten (8-10) pages typed double-spaced, APA format.

2. <u>Mid-term Exam/Final Exam.</u> Students will take a multiple choice/short answer mid-term and final exam based on the required textbook.

FINAL COURSE GRADES WILL BE BASED ON THE FOLLOWING:

Performance Evaluation Criteria and Procedures

Grading crite	rion:	Street Drug Re Mid Term Exa Final Exam Total		Pro	oject	100 po 100 po <u>100 po</u> 300 po	ints ints
A-	= 279- = 270-	278	C+	=	240-248 231-239	D	= 200-209 = 189-199
	= 261- = 249-		-		219-230 210-218		= 180-188 = 179 and below

Policy on late papers: All papers are due in class on the due date. Late papers will automatically be reduced 10% per day it is late, regardless of the reason is it submitted late. Please plan accordingly.

TENTATIVE COURSE OUTLINE

DATES	TOPICS	READINGS
Week 1	Course Introduction	Overview, expectations, requirements, tasks, and
8/27/14		familiarity with issues
Week 2	Why Worry About SA	Doweiko Chapters 1-2
9/3/14	The Nature of Addition	
Week 3	The Science of Pharmacology	Doweiko Chapters 3-6
9/10/14	The Effects of Alcohol Abuse	
Week 4	AOD Use, Abuse & Addiction	Doweiko Chapters 7-10
9/17/14		
Week 5	AOD Use, Abuse & Addiction	Doweiko Chapters 11-13
9/24/14		
Week 6	AOD Use, Abuse & Addiction	Doweiko Chapters 14-16
10/1/14		
Week 7	Effects of Substance Use	Doweiko Chapters 17-21
10/8/14		*Mid-term Exam
Week 8	No Class	Mid-Term Recess
10/15/14		
Week 9	Addiction & the Family	Doweiko Chapters 22-23
10/22/14		
Week 10	Substance Use Disorders & the	Doweiko Chapters 24-27
10/29/14	Medical Model	
Week 11	Assessment & Intervention	Doweiko Chapters 28-29
11/5/14		*Street Drug Research Project due
Week 12	Treatment	Doweiko Chapters 30-32
11/12/14		
Week 13	Relapse & Other Problems	Doweiko Chapters 34-35
11/19/14	Promoting & Sustaining Recovery	
Week 14	No Class	Happy Thanksgiving
11/26/14		
Week 15	Final discussion	Course Wrap-up
12/3/14		
Week 16	Final Exam Week	*Final Exam
12/10/14		

Syllabus subject to change as necessary