PC 756 The Spiritual Dimension of Illness and Recovery J Term 2015

Dr. Bradford Price 908 Sahara Tr, Ste 2 Poland, OH 44514 330-671-9906 C <u>bprice@mtso.edu</u> bradbari@gmail.com

This course is designed to explore the spiritual factors involved in the processes of health, illness and recovery, using addictions as the paradigmatic experience of these processes. The course will include exploration of the spiritual factors involved in recovery from illness and movement toward optimal health.

Objectives:

By the end of this course, the student will be able to:

- 1. Articulate working definitions of health, illness and recovery with reference to at least two theoretical constructions.
- 2. Articulate a working definition of spirituality and use it to describe the spiritual component of addiction.
- 3. Identify and describe the categories and process involved in conducting an individual assessment of spiritual development.
- 4. Demonstrate the ability to record and assess spiritual reflections and processes.

Course Requirements

- 1. Participation.
- 2. Readings.
- 3. Maintain a journal throughout the course. In the journal record your reflections on and processing of course material, meaningful experiences that occur during the duration of the course, struggles or tension experienced during the course or anything else reflecting your perception of health, illness, recovery or spirituality. An entry per day is expected.
- 4. Complete one exam question. List to be provided.

Reading

Murphy, R. (1990). The body silent. NY: Norton.

Nelson, J. (2004). *Thirst: God and the alcoholic experience.* Louisville: Westminster/John Knox.

METHESCO Policies

Please see Student Handbook for sections providing policy details on the following:

ADA—MTSO seeks to remove barriers to inclusion in its learning communities. Students who feel they may need an accommodation based on the impact of a documented disability should contact the instructor privately to discuss their specific needs at the beginning of the semester. Please contact the Director of Student Services to coordinate reasonable accommodations for students with documented disabilities. Any accommodation must be agreed upon prior to the due date of the affected course requirement.

Class attendance—Regular attendance is expected in all classes. During unavoidable absences, students are responsible for missed work. An excessive number of absences may result in grade reduction or course failure, despite successful completion of all assigned work. In most cases, a student will not be allowed credit for a course if he or she is absent for 25% of the class sessions. As it relates to blended courses, students may not be allowed credit if they are absent for 25% of class meetings or if 25% of online course work is not completed. Use of Skype or similar technology is not a substitute for attendance in class.

Electronic Devices—Turn mobile devices off or "vibrate only" during class. Browsing the Internet or engaging in email or social network conversations during class is discouraged. Instructors have the right to impose grading penalties for disruptions due to electronic devices.

Human Subjects Research—Research by MTSO faculty, students, or affiliated personnel that collects non-public information from and/or about living individuals or contemporary organizations/groups for purposes of publication or public presentation (including class assignments) must be approved by the Human Subjects Research Committee. MTSO faculty, students, or affiliated personnel should err on the side of caution and apply for committee approval of any activity that may fit this description.

Inclusive Language—In accordance with MTSO's policy on inclusive language, all students are expected to use gender inclusive or gender neutral language in their writing and in the classroom discussions when referring to human beings.

Incompletes—To receive a course grade of Incomplete, students must submit the petition form from the Registrar with all signatures to the Dean's Office before the last day of regularly scheduled classes. See Student Handbook for intensive term deadlines. Any petition submitted without a due date for outstanding work will be denied. If work is not complete by the due date the Registrar will record the grade of F for the course.

Pass/Fail—The decision to exercise this option must be made before the end of the second week of the course by completing the appropriate form available through the Registrar. To receive a grade of "pass" the student must do at least the equivalent of C minus work in the course.

Plagiarism—Plagiarism is a serious matter of academic, professional, and personal integrity. All students at the masters level are expected to understand the requirement to provide attribution when the work of others is used. Students are also expected to be familiar with and understand the school's policy on Academic Misconduct found in the Student Handbook. If students have questions about attribution, citation, and how to avoid plagiarism they should consult the course instructor, the school's writing instructor, or library staff. When in doubt it is better to provide attribution even if one is uncertain about the proper citation form. Plagiarism is a form of academic misconduct that results in disciplinary actions per the Student Handbook that may range from failing an assignment or course to expulsion.