

Integrating Clinical Wisdom and Spirituality in the Teaching and Practice of Counseling and Psychotherapy in a Diverse World

A Symposium Celebrating 30 Years of the Master of Arts in Counseling Ministries Program

SCHEDULE

March 16, 2016

8:30 a.m.	Continental breakfast	Gallery
9 a.m.	Welcome by President Jay Rundell and Dean Lisa Withrow The Occasion <i>Fulgence Nyengele</i>	Alford Centrum
9:15 a.m.	Educating Toward Clinical and Spiritual Wisdom: The Pilgrimage of the MACM Program <i>Vergel L. Lattimore</i>	
10:15 a.m.	Break	
10:30 a.m.	Integrating Clinical Wisdom and Spirituality in Counseling: Issues, Methods, and Practices (Part I) <i>Jill L. Snodgrass</i>	
Noon	Lunch	Dunn Dining Hall
1:15 p.m.	Integrating Clinical Wisdom and Spirituality in Counseling: Issues, Methods, and Practices (Part II) <i>Jill L. Snodgrass</i>	Alford Centrum
2:45 p.m.	Break	
3 p.m.	Workshops	
	Spirituality and Mental Health <i>Denise Lewis</i>	Gault Hall 140
	Faith and Science in Recovery from Addiction <i>Brad Price</i>	Library L-200
	Spiritual Competency in Care and Counseling <i>Fulgence Nyengele</i>	Gault Hall 145
4:30 p.m.	Wrap-up and evaluation	

FEATURED SPEAKERS

Dr. Vergel Lattimore, IMFT, is president and professor of pastoral care and counselling at Hood Theological Seminary in Salisbury, North Carolina. He is MTSO emeritus professor of pastoral care and counseling and former director of the MACM program. An ordained elder in the African Methodist Episcopal Church, Dr. Lattimore earned his Ph.D. from Northwestern University and M. Div. from Duke Divinity School. His areas of expertise include the dynamics of addiction and personal transformation for effective ministry. Dr. Lattimore has a deep commitment to training highly competent and effective professional counselors who integrate spirituality into counseling practice.

Dr. Jill Snodgrass is an assistant professor of pastoral counseling at Loyola University Maryland and an ordained minister in the United Church of Christ. She is a pastoral counselor and co-editor of the recently published and highly acclaimed book *Understanding Pastoral Counseling*, which has significantly advanced conversations about the integration of spirituality in the clinical practice of counseling and psychotherapy. Dr. Snodgrass's research interests include spiritual care and counseling with traditionally marginalized populations, with specific emphasis on individuals and families experiencing homelessness and women transitioning from incarceration. She holds both a Ph.D. and an M.A. from Claremont School of Theology and an M.Div. from Vanderbilt University.

WORKSHOP LEADERS

Dr. Fulgence Nyengele is director of MTSO's MACM program and professor in the Chryst Chair of Pastoral Care and Counseling. He earned his Ph.D., M.A. and M.Div. degrees from Claremont School of Theology. His areas of expertise include pastoral counseling and psychotherapy, with a focus on multicultural, diversity and gender issues. Dr. Nyengele's dedication to the spiritual and psychological impact of forgiveness and reconciliation has shaped much of his teaching and research.

Dr. Denise Lewis, PC, NCC, is an assistant professor of pastoral care and counseling at MTSO. A graduate of MTSO's MACM program, she earned her Ph.D. from Ohio University. Dr. Lewis's areas of interest include diversity and multicultural issues in counseling, as well as spiritual and religious issues in counseling. She is a licensed counselor in the state of Ohio and has a private practice in Columbus. Dr. Lewis's professional area of focus is on family systems therapy with a specialization in African-American families, adolescent concerns and socialization.

Dr. Brad Price, LICDC, PC, is a fully affiliated associate professor of pastoral care at MTSO. He earned both an M.A. in Alcohol and Drug Abuse Ministries and an M.Div. from MTSO. Additionally, he holds an M.A. from Claremont Graduate School and a Ph.D. from Kent State University. Dr. Price's professional interests include the spiritual foundations of psychotherapy and its influences in practice when working therapeutically with couples, families and small systems. In particular, he focuses on theological responses to crises in mental health. His expertise includes working toward enhancing the spiritual and mental health of those within incarcerated populations.

THE HISTORY OF COUNSELING MINISTRIES EDUCATION AT MTSO

Counseling as a curriculum focus began at Methodist Theological School in Ohio in the mind and heart of Paul Nicely, Professor of Pastoral Care (1976-88). In October 1982, Professor Nicely shared his dream with Dr. C.M. Kempton Hewitt, academic dean (1982-87) of initiating a degree program to train professional lay and clergy individuals in substance abuse counseling. Dean Hewitt had broad expertise in formulating new master's programs. Professor Nicely's personal recovery history resonated with Dean Hewitt's psycho-social struggle with an alcoholic father. Dean Hewitt skillfully guided initial coursework, administrative structure and curriculum design. Following two years of consultation with local academicians and national experts, the Master of Arts in Alcoholism and Drug Abuse Ministry (MA/ADAM) was created. By 1985, MTSO had created the first graduate addiction counseling program in a theological school in North America. The MA/ADAM was successfully implemented because it was overwhelmingly affirmed by three deans at Ohio State University. Also, significant inaugural grants were made by Allstate and Nationwide insurance companies. Moreover, the Interprofessional Commission of Ohio supported MTSO's petition to the Board of Regents for authorization and assisted in identifying adjunct faculty from Ohio State. The objective of the MA/ADAM degree was to train professional counselors to meet the educational requirements for chemical dependency credentialing standards in the state of Ohio.

With the retirement of Professor Nicely in 1988, Sandy McCall, Ph.D. (MA/ADAM '86), served as interim director for the 1989-90 academic year. Following a national search, Rev. Vergel L. Lattimore III, Ph.D., former director of counseling, addiction, and psychological services at Syracuse Community Health Center, was invited to become the new director. Under Professor Lattimore's leadership, the program expanded its curriculum offerings in family systems, cross-cultural issues and community-based applications. In 1999, he led the initiative for the Master of Arts in Counseling Ministries becoming the first accredited academic program by the former Ohio Credentialing Board for Chemical Dependency Professionals. The sponsorship of an annual Clinical Pastoral Education Exposition heightened the level of awareness and participation of students in clinical pastoral training. Professor Lattimore retired from MTSO in 2012.

In September 1995, the MA/ADAM celebrated its 10-year anniversary by sponsoring a symposium, "The Central Role of Faith in the Recovery Process." The symposium was co-sponsored by the Board of Health and Welfare Ministries of the United Methodist Church and the Interprofessional Commission of Ohio. It featured several internationally known speakers, as well as addiction counselors from across the country.

In 1997, a national search was authorized to replace the pastoral care and counseling faculty position that was vacated by Dr. Elaine Ramshaw in 1995. Fresh from his doctoral studies at the Claremont School of Theology, Professor Fulgence Nyengele joined the full-time faculty in the fall of 1998. Professor Nyengele brought broad clinical experience from the Clinebell Institute for Pastoral Counseling, extensive scholarship and rich pastoral theological knowledge to the counseling education task. As the new curriculum evolved, he taught diverse subjects that addressed forgiveness, trauma, grief, counseling and psychotherapy theories, gender relations, and multicultural competency and cultural diversity issues in counseling. Professor Nyengele

served as acting director of the MACM program for the 2004-05 and 2011-12 academic years, covering for the director's sabbatical; he has been serving as director of the program since the 2012-13 academic year.

In 1998, the MTSO faculty approved a proposal to redesign the MA/ADAM. Major curriculum changes resulted in the following: 1) a broader curriculum focusing on professional counseling; 2) the adoption of a new degree title, Master of Arts in Counseling Ministries; 3) Addiction Counseling became Track II in the new degree.

In 2001, MTSO asked the state of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board to review the new MACM degree for pre-approval status as a counselor education program. Track III – Pastoral and Professional Counseling was added to the MACM degree in 2002. In June 2004, the MACM program was granted provisional pre-approval by the CSWMFT Board. Full approval was granted one year later.

Denise Lewis, Ph.D., LPC (MACM '05), joined the faculty as assistant professor of pastoral care and counseling in 2012. Professor Lewis's scholarly interests in spiritual and religious issues in counseling, adolescent concerns and socialization with a focus on African-American dynamics and juvenile delinquency are significant contributions to the counseling curriculum. She teaches courses in diagnosis of mental and emotional disorders, career counseling, psychopathology, and chemical dependency.

Rev. Brad Price, Ph.D. (M.Div. '76, MA/ADAM '86), currently serves on the fully affiliated faculty in pastoral care and counseling. He brings significant clinical experience to his teaching. Adjunct faculty members are as follows: Tom McGloshen, Ph.D., LPCC-S, LMFT; Orin Newberry, Ph.D.; Donna Sigl-Davies, MA, LPCC-S; Jackie Burns, MA, LPCC-S (MACM '03); Adreanna Tart, LSW, LICDC (MA/ADAM '93). The scholarship and academic gifts of the resident faculty, along with vast skills and competencies of adjunct faculty, make MTSO a formidable graduate training program in the Midwest region.

In April 2006, the MACM celebrated its 20-year anniversary with the symposium "Healing Wisdom in Counseling: Twenty Years of Teaching Spiritual, Emotional, and Relational Change." The symposium featured MTSO faculty members and alums as presenters and workshop leaders.

The symposium this year builds on that history and will celebrate MTSO as a teaching leader in the counseling field. Our theme is "Integrating Clinical Wisdom and Spirituality in the Teaching and Practice of Counseling and Psychotherapy in a Diverse World." The symposium is an occasion for alums, current students, faculty and special guests to engage in professional conversation, to appreciate the continuing value of wholistic, interdisciplinary, faith-based and spiritually integrative graduate clinical training, and to re-commit our energies to excellence in transformational counseling for individuals, families, communities and society. Thank you for journeying with us as we set our sights for an exciting future!

Fulgence Nyengele, Ph.D.
Rev. Vergel Lattimore, Ph.D.

“The Pilgrimage of the Master of Arts in Counseling Ministries (MACM)
Program: Educating toward Clinical and Spiritual Wisdom”

A Presentation at the 30th Anniversary Celebration
Methodist Theological School in Ohio
Delaware, Ohio

By

Rev. Vergel L. Lattimore, Ph.D.

President and Professor of Pastoral Psychology & Counseling
Hood Theological Seminary, Salisbury, NC

March 16, 2016

I. *Introduction*

- A. Twenty-two years of nurturing relationships, collaborative learning, attentiveness to the craft of teaching, opportunities to grow the art of community service, and the rich gifts of professional development.
- B. Ingredients for theological service.

II. *Pilgrimage – implies a “spiritual journey.”*

- A. The interface of human forces and institutional dynamics
- B. The endurance of four elements that emerge from the human spirit – Compassion, Commitment, Clarity, and Competence.
- C. The Quaker writer Douglas Steere describes the context of fertile space for the growth and development of a transformational academic and clinical program. He said,

“To listen to another’s soul into a condition of disclosure and discovery may be the greatest service any human being ever performs for another.”

III. *Faithful Responses to Healing: Addiction Training in an Academic Context*

- A. The M.A. in Alcoholism and Drug Abuse Ministry (MA/ADAM)
- B. Consultation and Affirmation
- C. Dr. Van Bogard Dunn, MTSO’s first dean was the founding director

of The Commission on Interprofessional Education and Practice at The Ohio State University (O.S.U.) (now the Interprofessional Commission of Ohio), encouraged MTSO to pursue the objective of offering a graduate professional degree program in alcoholism counseling.

IV. *Moving from Individual Passion to Institutional Action*

- A. Professor Paul Nicely (1978)
- B. Dr. John Giltner, a professor of church history, provides a convincing apologetic and a cogent analysis which documents how North American churches have, from the beginning, been associated with the adverse consequences created by alcohol abuse.
- C. In 1979 and 1980, successful continuing education workshops for clergy and laypersons were held at MTSO.
- D. In 1981 and 1982, Professor Nicely broadened his informal local, regional and national networks of recovering persons and treatment professionals into more systematic consultations.
- E. By 1982, the Masters-level curriculum had been fully vetted by all constituents and stakeholders.
- F. In the Spring of 1983, a proposal and course of study was approved by the MTSO faculty and Board of Trustees.

V. *A Life Essential: The Spirituality of Stewardship*

- A. Bold institutional leaders and benefactors
- B. In a spirituality of stewardship, a joint team of the Development Office and a fundraising subcommittee of trustees and insurance executives was formed.

VI. *1984 - The Program becomes Reality*

- A. Program inauguration, provisional ATS certification, and official student enrollment began in the fall 1985.
- B. In June 1986, during a review of all MTSO programs by the Ohio Board of Regents, the MA/ADAM degree program was officially authorized.
- C. MTSO had created the first graduate addiction counseling program in a theological school in North America.
- D. The objective: to train professional counselors to meet the educational

requirements for chemical dependency credentialing standards in the State of Ohio.¹

VII. *The Evolution of a Quality Curriculum, Program Staff, and Faculty*

- A. Professor Nicely's view: a program that was theologically integrative and authentically interprofessional.

From 1985-1987, the degree consisted of 20 courses. Nine courses addressed "Theological and Ministry Foundations" requirements (3 courses in Bible; 2 courses in Theology; 1 course in Church History; 1 course in Christian Ethics; 1 elective course from Bible, Theology, History, or Ethics; and 1 Practical Division course focusing on educational leadership). Eleven courses addressed the "Professional Core."

- B. A curriculum and quality assurance review in 1986 resulted in changes that were adopted April 1987.
- C. The 18 courses were the equivalent of two years of full-time study
- D. Two sustaining values since inception
- E. The role of Educational Assistant to the Dean for the MA/ADM Program was first filled Rev. Linda Lee (1987-1990, a M.Div. alum). Rev. Carolyn L. Pettigrew followed (1990-1994, a M.Div. alum, former hospital chaplain, and ordained UCC pastor). The Educational Assistants played vital administrative roles, including advising students, coordinating field placement, coordinating professional forums, and planning continuing education.
- F. The early adjunct faculty included nationally recognized teachers and practitioners: James Gebhart, Ph.D., Jephtha Hostetler, Ph.D., Sandi McCall, LPC, LISW, Brad Price, Ph.D., Wayne Linstrom, MSW, and Joseph Quaranta, Ph.D.
- G. Professor Nicely retired in 1988, and Sandi McCall (MA/ADAM 1986, later Ph.D.) served as Interim Director for the 1989-1990 academic year.

¹ C. M. Kempton Hewitt, "The MA/ADAM Degree of 1985: An Innovative Theological Curriculum," *Journal of Ministry in Addiction & Recovery*, Vol. 4, No. 1, 1997, pages 11-22. Professor Hewitt discusses the evolution of the MA/ADAM program, phenomenologically because the ultimate program which emerged was far beyond what was intended. The vision was to train "ministers" to see addiction through the eyes of faith. In the spirit of the "Wesleyan" tradition, Dr. Hewitt understood this program innovation as a movement of the spirit as a way to address the human misery of addiction and as "practical redemption."

VIII. *New Leadership: Guiding the MA/ADAM through Change into the 21st Century*

- A. A second search process, Dean Fred Tiffany's persuasion, and President Ned Dewire's determination brought Dr. Vergel L. Lattimore to MTSO from Syracuse, NY.
- B. A campus visit was transformed into an interview.
- C. Arriving in the fall 1990, along with a Rev. Carolyn L. Pettigrew, Educational Assistant, Dr. Lattimore worked to extend the visibility and awareness of the program.
- D. Major continuing education collaborations were formed
- E. Key areas of emphasis: clinical competence, training accountability, holistic integration, cross-cultural education and research, and interdisciplinary analysis.
- F. Three New courses were added to the curriculum (1990 to 1997)

IX. *Preparing for the Expanded Transition to Professional Counseling*

- A. Ten Years Young – September 1995, the MA/ADAM program celebrated its ten year anniversary – ***The Central Role of Faith in the Recovery Process.***
- B. Adjunct Instructors: (since 1995) – Barbara Emmanuel, MS and Joan Tietjen, MA, RN, Ph.D., CCDC III
- C. Curriculum Changes are underway as Lattimore begins sabbatical (June 1997)
- D. In 1997, a search was authorized to replace the pastoral care faculty Position vacated by Dr. Elaine Ramshaw in 1995.
- E. December 1997, the faculty and the Board of Trustees approved a major renovation of the MA/ADAM program. The invitation of Ph.D. candidate – Rev. M. Fulgence Nyengele was a “God-send” [United Methodist minister, pastoral theologian, multiculturally-grounded, research interests in gender relations, forgiveness, grief, object relations, and family systems]
- F. 1998, the faculty approved a proposal to re-design the MA/ADAM
- G. program.
- H. 2001, the MTSO asked the State of Ohio Counselor, Social Worker, and Marriage & Family Therapy (CSWMFT) Board to review the new MACM degree for pre-approval status.
- I. 2004, the MACM program was granted provisional pre-approval status

by the CSWMFT Board.

- J. During the 2005-2006 academic year, Track II (Addiction Counseling) was reassessed.
 - K. Rev. George Gibbs (M.Div, MS, LPCC) became the first fully affiliated faculty for practicum instruction. Ms. Donna Sigl-Davies (MA, LPCC) was added in the area of clinical supervision.
 - L. Twenty Years Young – April 20-21, 2006, the Seminary celebrated the 20th anniversary of the MA/ADAM and MACM degree program as a teaching leader in the counseling field. Symposium theme - ***Healing Wisdom in Counseling: Twenty Years of Teaching Spiritual, Emotional, and Relational Change 1985 – 2005.***
 - M. More changes in the 2006-2007 academic year
 - N. More changes in the 2007-2008 academic year
 - O. 2010-2011 – Denise Lewis, Ph.D. candidate (MACM graduate) joins the Adjunct faculty [Licensed, clinically-trained, research interests in spirituality and culturally-specific training]
- X. *Prognosis, Perspectives, and Possibilities for the Future of Faith in Counseling*
- A. MTSO in its short history has been on a “freedom march” toward competent soul care
 - B. The theological laboratory of the seminary is an appropriate venue for affective and cognitive struggling
 - C. The field of addiction has taught the discipline of religion and the behavioral sciences a new language and process
 - D. Broad and deep competencies are needed
 - E. Clinical training made me a better teacher and forced me to listen and to grow an *observing-ego*. The following Native American saying affirms the validity of evidenced-based teaching and learning.

“Tell me and I’ll forget. Show me, and I may not remember. Involve me and I’ll understand.”